


Elementary Counseling Program

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History

- Elementary counselors in place for over ten years but paid with soft money
 - 2014-2015: Elementary Principals asked for district to cover counseling
 - 2015-2016 LCAP: Half-time counselor funded by district at each elementary site
 - 2016-2017: Many sites have increased counseling with Title I or Site Council funds
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Baseline Program

- Monthly elementary counseling meetings
- Common language for staff and students
- Consistent services throughout the district
 - Classroom Lessons
 - Small Group Counseling
 - Individual Counseling



Classroom Lessons

- Supports all K-6th grade students and teachers
- Universal language for problem solving, communication and school expectations
- Themes include social emotional learning elements:
 - Anti-bullying, conflict resolution, self-regulation



Small Group Counseling

- Coping with Changing Families
- Growth Mindset
- Grief
- Mindfulness
- Leadership
- Managing Strong Emotions (anger, anxiety)
- Friendship
- Restorative Circles

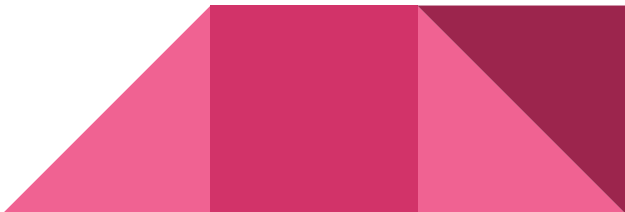


Individual Counseling

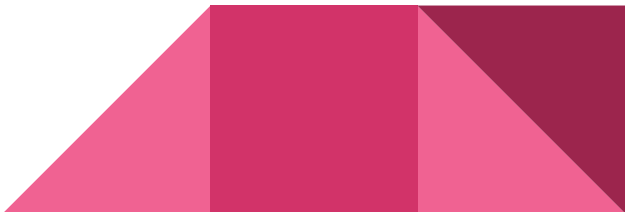
- Student in crisis may be seen 2-3 times individually
- Risk assessments (suicidal ideation), threat assessments (threaten to cause someone else harm)
- Consultation regarding mandated reporting to CPS
- Providing resources and referrals to students in emergency need



Services and Supports beyond .5 FTE

- Teacher Training
 - Consultation with staff/parents
 - School Climate
 - Behavior Intervention Plans
 - Additional classroom lessons
 - Additional Small Group Counseling
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Next Steps

- Continue with at least half time counselor
 - Integrate new counselors into counseling program
 - Develop standard for collecting outcome data
 - Teacher Survey (94% report increase in positive peer relationships)
 - Student Survey (61% of students report fewer disciplinary problems)
 - Parent survey (implement)
 - Increase visibility with parent community
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Questions

