



MENTAL HEALTH SERVICES FOR STUDENTS

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SERVICES



- **School Counseling**
- **Special Education Mental Health**
- **Crisis Prevention and Intervention**
- **Davis Schools Foundation Donations**
- **Mental Health Intern Program**

CRISIS PREVENTION & INTERVENTION



➤ Job is varied in scope

- Broad and narrow

➤ Who we work with:

- Davis community, School Sites, parents, families, and individual students

➤ What we do:

- Prevention
- Intervention
- Postvention

MULTI-TIERED SYSTEM OF SUPPORT



➤ Tier One

- Universal: Impacts all students

➤ Tier Two

- Targeted: Affects those with emerging needs

➤ Tier Three

- Intensive: For those with acute need

CRISIS SERVICES AND DATA SUPPORT



➤ Youth Truth data for 10-12th grade students:

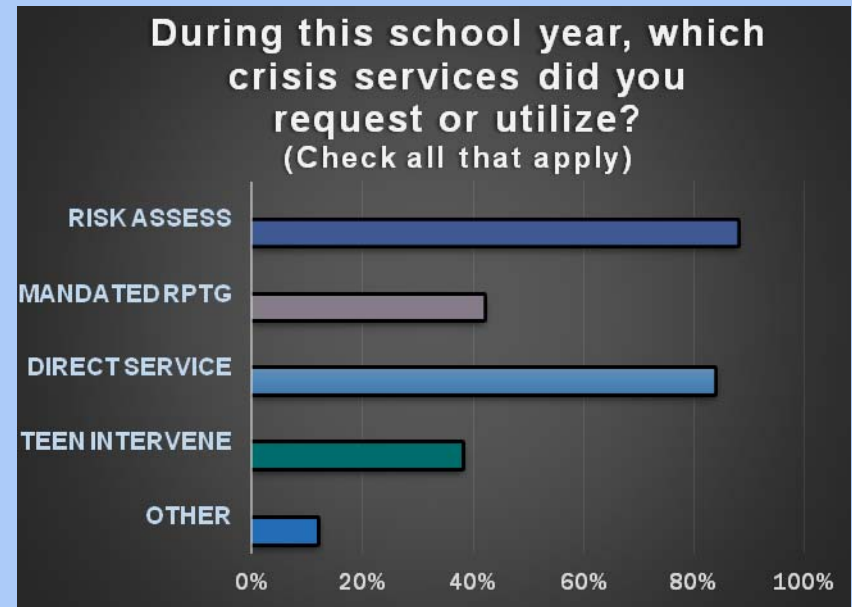
- Depression 31%
- Suicidal Thoughts 15.8%

➤ Risk/Threat Assessment

- Consultation
- Completion
- Longitudinal Data

➤ Staff Feedback

- Services are utilized and impactful



MENTAL HEALTH INTERN PROGRAM (MHIP)



➤ **Mission:**

- Provides access for students facing financial and cultural barriers to school-based mental health services
- Delivered by clinically supervised graduate/post-graduate level mental health interns

➤ **Eligibility is Based on LCAP Targeted Populations:**

- Homeless youth
- Foster youth
- Low socio-economic status
- English language learners

➤ **Referrals:**

- Site administrators, counselors and staff

MHIP COMPONENTS



- Build relationships through restorative practices
- Pre/post staff consultation and classroom observation
- Individualized counseling and intervention plan
- Clinical supervision aligned with the Board of Behavioral Sciences requirements
- Contribute to improvement of student mental health and climate

MHIP 2015-16 OUTCOMES



Student Demographics

- 24 LCAP eligible students received MHIP services
- The average student was provided 9 sessions
- Total of 216 sessions
- The LCAP subgroups served:
 - Low SES (88%)
 - English Language Learners (Latinos, 54%)
 - Foster Youth (8%)

Pre/Post Data Collection

- Parent/Guardian Surveyed:
 - 100% Reported reduction in symptoms
 - 99% Satisfied/Very Satisfied with counseling experience
 - 100% Would refer others
- Students Surveyed:
 - 90% Satisfied/Very Satisfied with MHIP Experience
 - 100% Would refer others
- School:
 - 50% Reported improvement per teacher surveys
 - 70% Reported improvement per classroom observations

NEXT STEPS



- **Collection of post-risk assessment data**
- **Evaluation of impact of student crises on school environment**
- **Continue trauma informed practices training**
- **Collaborative development and implementation of substance abuse counseling groups**
 - **MHIP and DPD**
 - **DSF secondary counseling support**



QUESTIONS

