

**Some Social and Emotional Data to Inform Board of Education Study Session
February 2020
Provided by the Climate Office**

Secondary Students

Sadness/Depression, Considered Suicide

Trend data over the last 4 years from California Healthy Kids Survey.
Administered in spring 2015, 2017, 2019

Davis Joint Unified Sec. CHKS Keyl... x

Table 4.1
Mental Health, 2014-2019

	2014	2015	2016	2017	2018	2019
	%	%	%	%	%	%
Experienced Chronic Sadness/Hopelessness[§]						
Grade 7		18		18		17
Grade 9		26		23		27
Grade 11		34		33		33
Non-Traditional				50		
Considered Suicide[§]						
Grade 7						7
Grade 9		15		14		11
Grade 11		21		20		14
Non-Traditional				23		

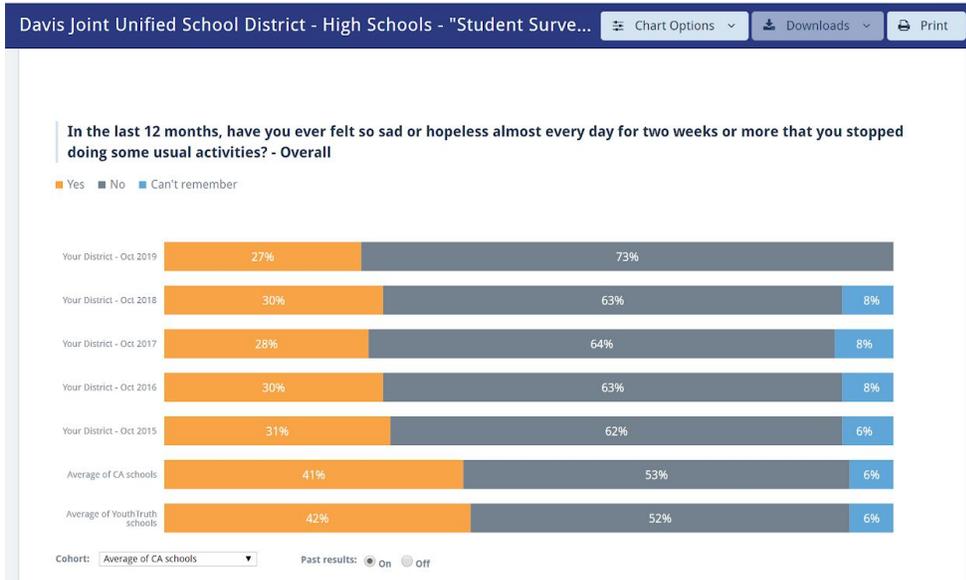
Notes: Cells are empty if the survey was not administered, questions were not asked in those grades, or there are less than 25 respondents.

[§]Past 12 months.

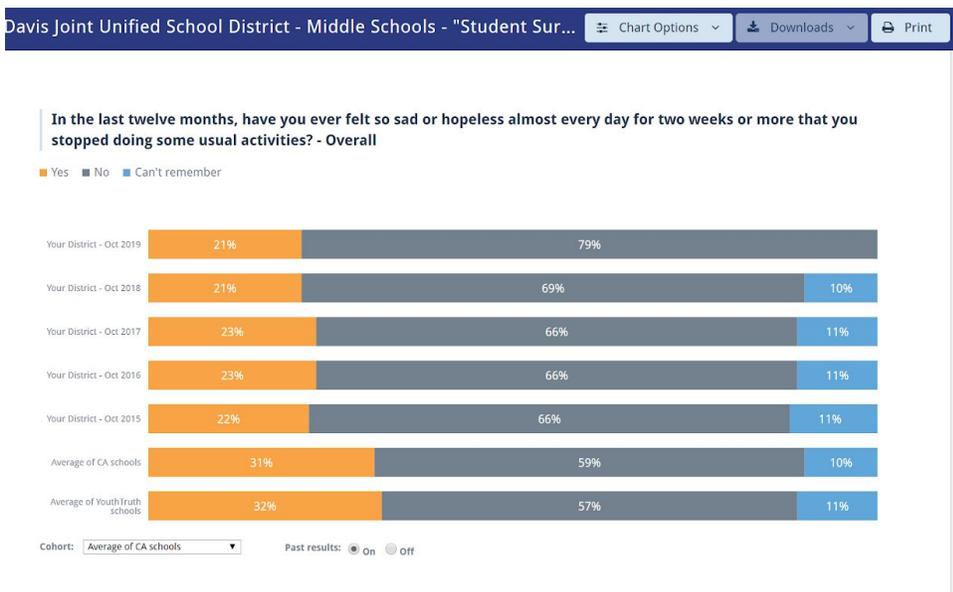
Data from Youth Truth

Experiencing Sadness and Hopelessness

High Schools (Grades 10-12)



Junior High (Grades 7-9)



Considered Suicide High Schools (Grades 10-12)

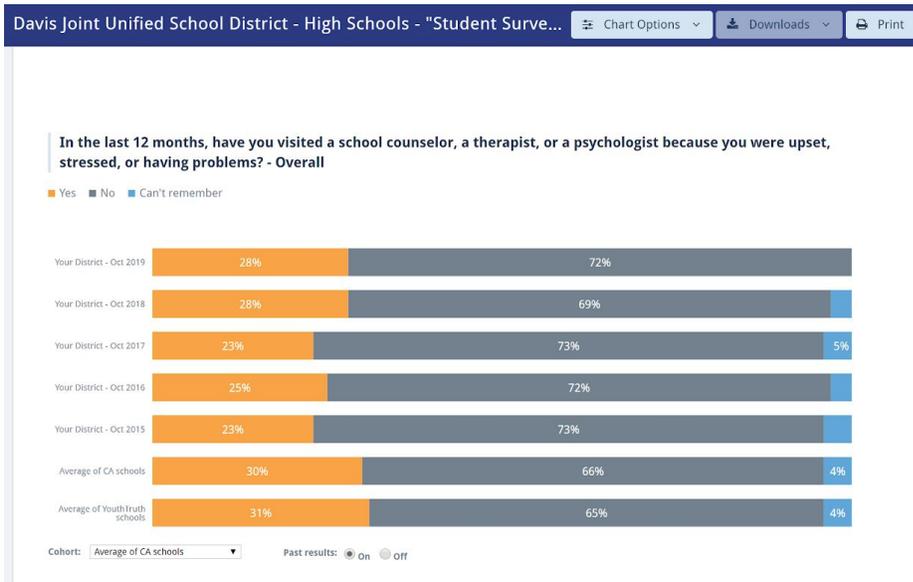


Junior Highs (Grades 7-9)

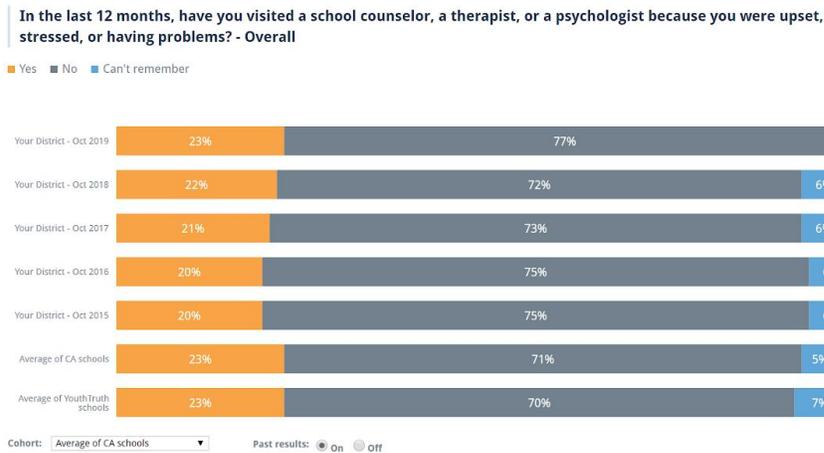


Accessing Mental Health Services In and Out of School

High School



Junior High



We also ask on Youth Truth:

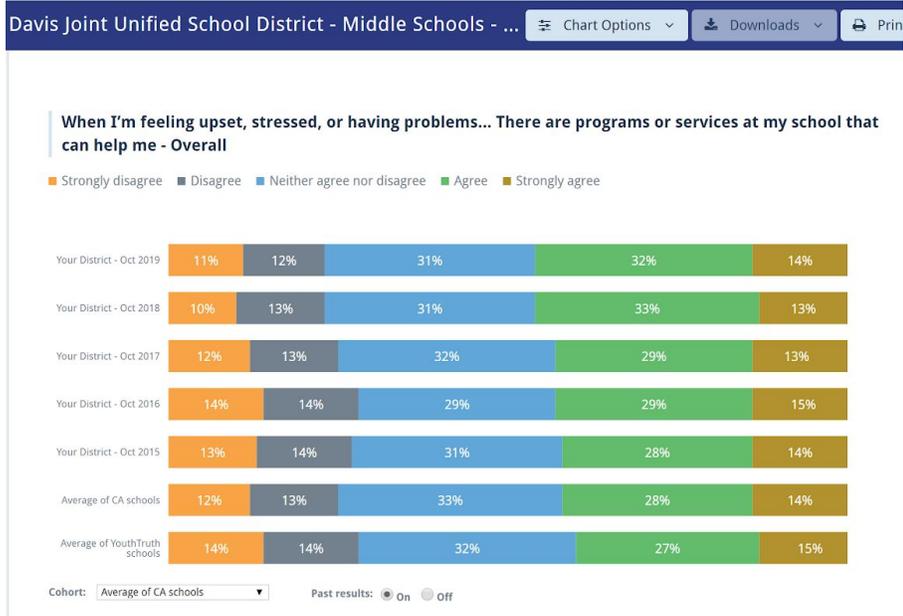
When I'm feeling upset, stressed, or having problems:

... I know someone outside of school who I can talk to about it

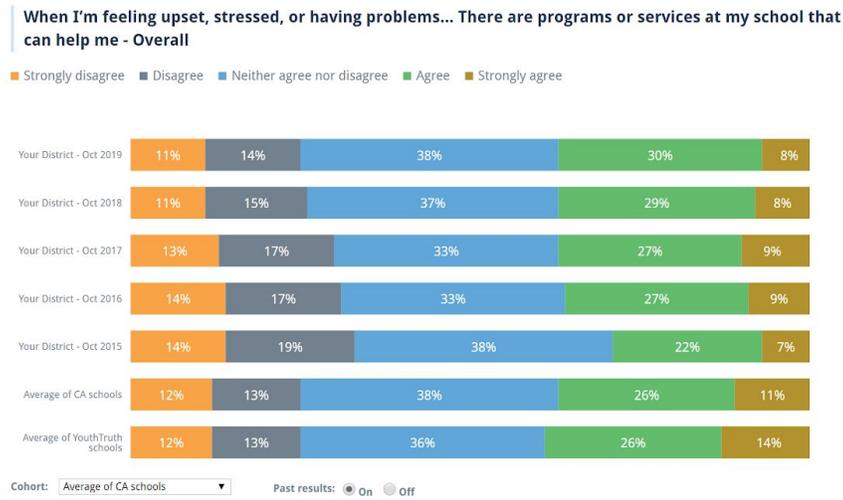
... There is an adult in school who I can talk to about it

... There are programs or services at my school that can help me

Junior High



Senior High

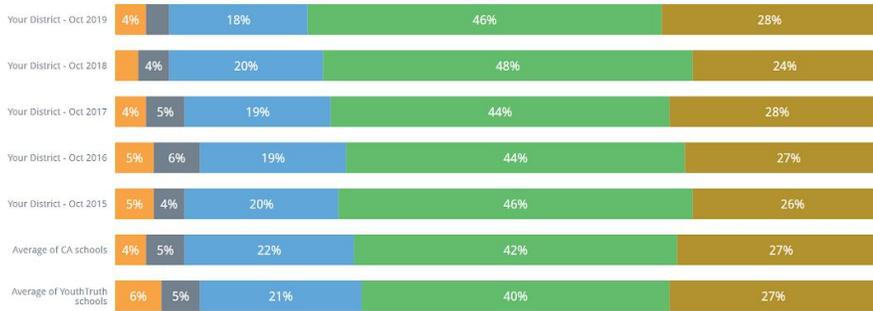


... I know some ways to make myself feel better or cope with it

Junior High

When I'm feeling upset, stressed, or having problems... I know some ways to make myself feel better or cope with it - Overall

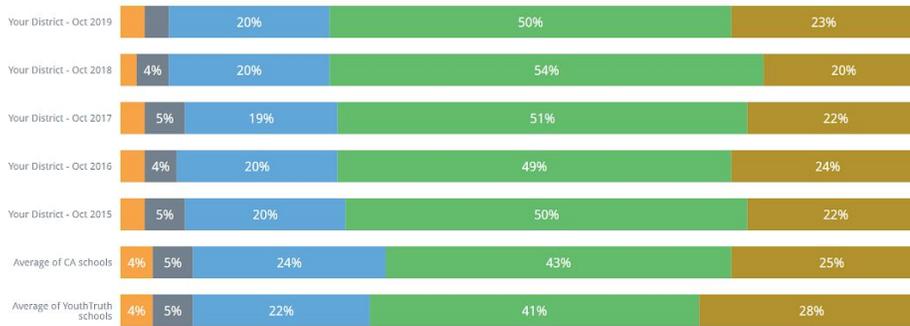
Strongly disagree Disagree Neither agree nor disagree Agree Strongly agree



Cohort: Average of CA schools Past results: On Off

When I'm feeling upset, stressed, or having problems... I know some ways to make myself feel better or cope with it - Overall

Strongly disagree Disagree Neither agree nor disagree Agree Strongly agree



Cohort: Average of CA schools Past results: On Off

Three Key Indicators of School Climate and student well-being that we've tracked for many years are:

- School Connectedness
- Caring Adult
- Safety

These are the average percentage of respondents reporting "Agree" or "Strongly agree"

School Connectedness

	<u>2015</u>	<u>2017</u>	<u>2019</u>
Grade 7	75	74	72
Grade 9	64	65	61
Grade 11	67	69	63

Caring Adult Relationships

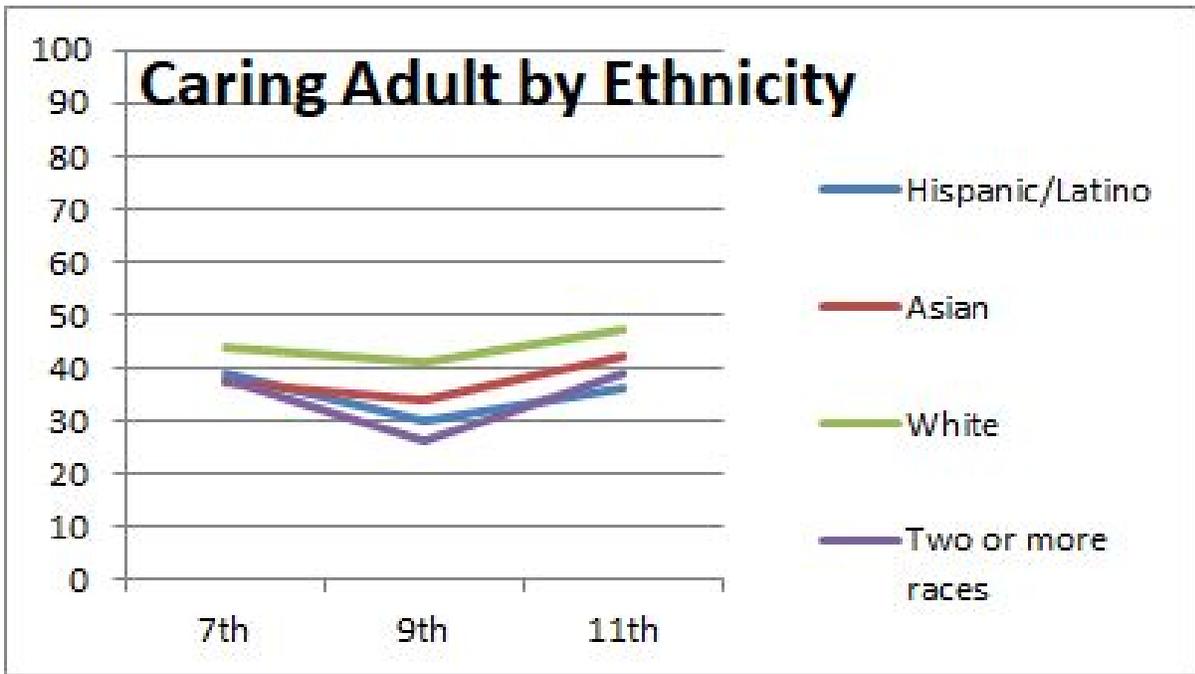
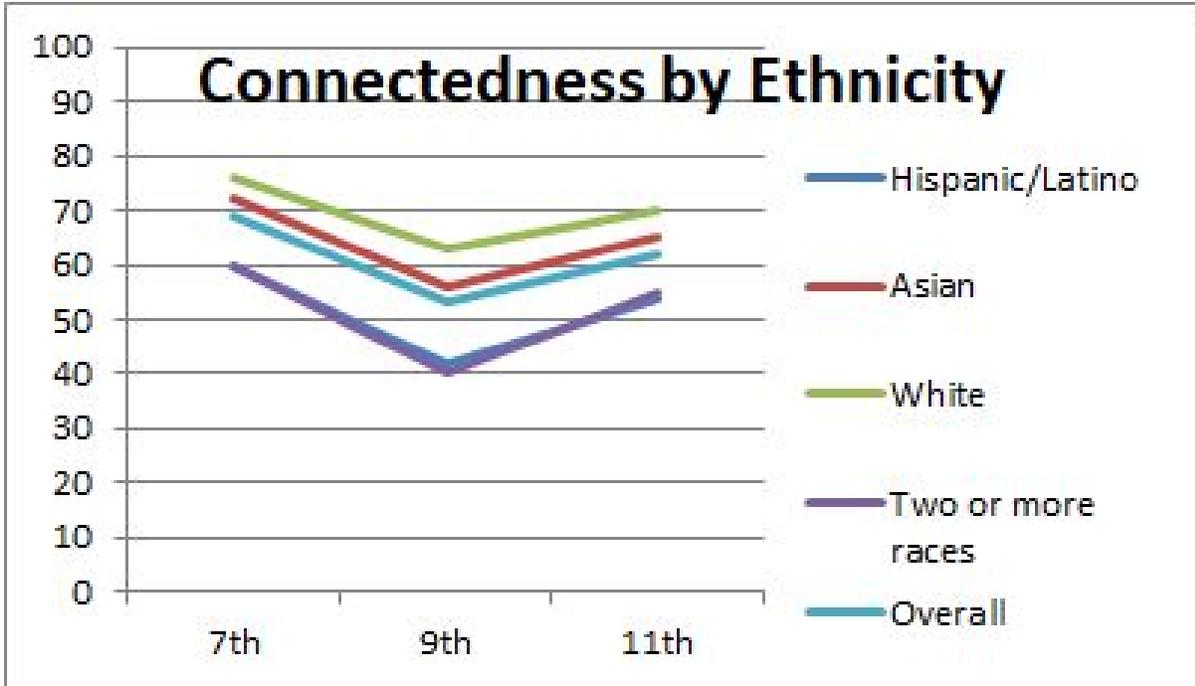
	<u>2015</u>	<u>2017</u>	<u>2019</u>
Grade 7	72	74	73
Grade 9	66	70	68
Grade 11	71	71	64

School Perceived as "Safe" or "Very Safe"

	<u>2015</u>	<u>2017</u>	<u>2019</u>
Grade 7	77	78	79
Grade 9	74	71	71
Grade 11	86	85	77

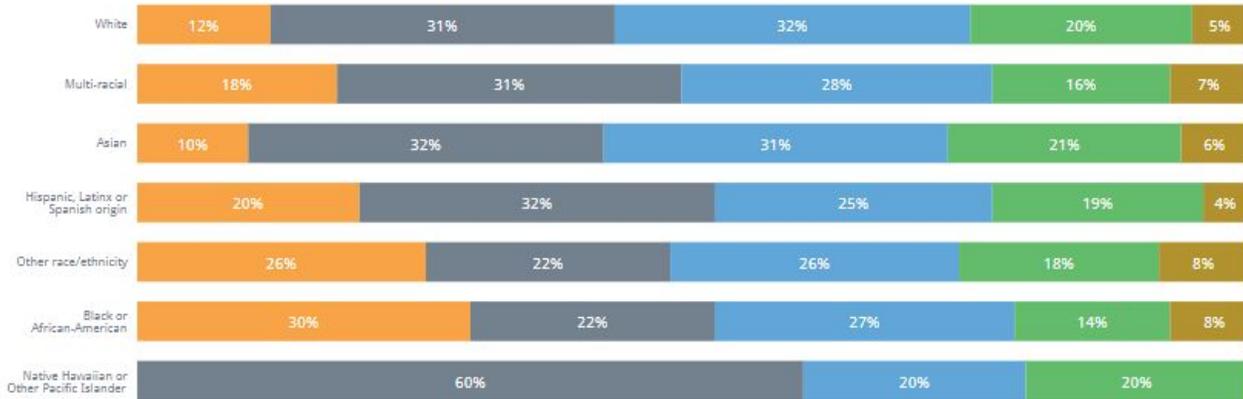
Finally, below are sample charts based on previous CHKS data. Since I don't know exactly what the board is hoping to review, I've included these as samples.

If they were to be included in the presentation I would be happy to provide them in more detailed form as they point to a very important aspect of mental health, the different experiences of marginalized students.



How many of your teachers make an effort to understand what your life is like outside of school? - Subgroup

None Very little Some A moderate amount All



Subgroup: Race/Ethnicity

How many of your teachers connect what you're learning in class to life outside of the classroom? - Subgroup

None Very little Some A moderate amount All



Subgroup: [District Data] SED

How many of your teachers make an effort to understand what your life is like outside of school? - Subgroup

None Very little Some A moderate amount All



Subgroup: [District Data] SED